



# DECEMBER SIBSESSION

**Barber National Institute - Cafeteria**

**100 Barber Place, Erie, PA**

**(Enter through gated parking lot on East 3<sup>rd</sup> St.)**

**When: Saturday, December 21, 2019**

**Time: 11:00 a.m. to 2:00 p.m.**

**Come join us for some holiday fun --- Including Swimming, Lunch, Games, Crafts and Sharing Time.**

**Make your reservations before December 20, 2019 for this free event by calling Diane in Family Support Services at 878-5961. If you have any further questions, please contact Samantha Gatton at 878-4117.**

*"SibSessions" is a series of nine support group meetings for persons age 5 to their 16<sup>th</sup> birthday who have a brother or sister with an intellectual disability.*

*Brothers and sisters of individuals with intellectual disabilities are sometimes caught between the outside world and the world at home. To help balance life between the two, and to provide a supportive setting for the expression of feelings and the development of new friendships, Family Support Services offers this sibling service. Time together includes lunch and may include games, crafts and sharing time along with swimming as scheduled. The sessions are offered free of charge and are designed to encourage the expression of feelings and concerns, as well as the positive aspects of having an affected sibling.*

*"Sponsored in part by the Erie County Dept. of Human Services"*

